

ND Network Social Groups 2025

- If coming to any of these for the first time please contact me in advance as there could be changes to plans or venues.
- At all meet ups - wristbands available to wear or carry if you want. **Green** for 'happy to chat.' **Red** for 'want to be around people but don't talk to me unless I talk to you first.'

Jackie 07596 322854



The A Team 6 Jan, 27 Jan, 24 Feb, 24 Mar

Group Aim - to find a sense of belonging with like-minded people so we don't feel alone. To socialise and share tips and news. To help each other and others navigate the assessment and support systems and life in general with our experiences of living life as undiagnosed and diagnosed Neurodivergent adults. To support each other whilst we unmask and discover ourselves - capabilities, boundaries, glimmers, triggers and sensory needs.

Meet Ups - once a month on a Monday morning, 10-12 am at the Ark Cafe in Northwich (or elsewhere by arrangement) Have a meal, cake or just a drink - your choice.



Faux Pas 14 Jan, 11 Feb, March tbc

Group Aim - to give a sense of community and make sure no-one feels alone. To have a relaxed upbeat evening, socialise and share tips and news. To be a sounding board for each other to help understand work and life.

Meet Ups - once a month on a Tuesday evening, 6.30 - 8.30ish pm at the Clocktower Northwich (or elsewhere by arrangement) Have a meal, pudding or just a drink - your choice.



Angels (in disguise) AID

9 Jan, 6 Feb, 6 Mar

Group Aim - a Craftivism Group - to make the world a better place by crafting uplifting, comforting and thought-provoking messages and placing them to be found. To spread happiness and bring a smile to people. To help give us a sense of purpose and friendship with like-minded people and try to make sure no-one feels alone. To socialise and share tips and news and support each other.

Meet Ups - once a month on a Thursday afternoon, 2-4 pm at the Ark Café, Northwich (or elsewhere by arrangement). Possibly moving to an evening. Have a meal, pudding or just a drink - your choice.



Knit (or not) and Natter Womens Group

20 Jan, 17 Feb, 17 March

Group Aim - to find a sense of belonging with like-minded women, sharing tips and news. To support each other whilst we unmask and discover ourselves. Bring a craft to work on, or not - your choice.

Meet Ups - once a month on a Monday morning, 10-12 am at the Ark Cafe in Northwich (or elsewhere by arrangement) Have a meal, cake or just a drink - your choice.



We are also trialling a monthly Tuesday evening zoom session to chat and discuss a chosen topic of interest.

7 Jan, 4 Feb, 6 March